

Order of the day

9.00am-10.00am: registration, tea, coffee, networking, stands and contribution to “What matters to me?”

10.00 -11.00 Living well with COPD: COPD Management

10.00am: Welcome

Derval Howley, Head of Health & Wellbeing, South East Community Healthcare

10.10am: Living with COPD

Jim Cradock chair of Kilkenny COPD Support Group

10.20am: COPD management

Dr Canavan Respiratory Consultant, St Lukes Hospital, Carlow/Kilkenny

10.40am: COPD management in General Practice

Dr Dermot Nolan, Respiratory Clinical Care Program

10.55am: Your chance to say: What matters to me?

Kate O’ Connor Self- management Support Coordinator

11.00am: Tea, coffee, networking, stands and contribution to “What matters to me?”

11.20am-12.25pm Workshops (choose 1)

A: Let’s talk mental health in COPD *South East Recovery College*

B: Planning for the future *Bettina Korn, End of life coordinator St James Hospital, Dublin*

C: Problem solving on oxygen *Niall Byrne, Air Liquide and Emer Sarsfield Respiratory Nurse Specialist COPD Outreach, Wexford General Hospital*

D: Exercise and COPD *Frank Fahy, Fit Walk Ireland and Brian Fitzgibbon, Olga Riley and Sara Leacy Senior respiratory physiotherapists*

12.25pm: National COPD Collaborative Royal College of Physicians Ireland (RCPI)

Patricia McQuillan Practice Nurse Coordinator South East Community Healthcare and Ann Thorpe Patient Representative on National COPD collaborative

12.50pm: Lunch, tea, coffee, networking, stands and contribution to “What matters to me?”

1.50pm-2.30pm Living well with COPD: Getting the support you need.

Welcome

Ms Kate O Connor, Self- management Support Coordinator for Long Term Health Conditions

Diagnosis

Áisling McDonald, Senior Respiratory/Sleep physiologist, St Lukes General Hospital

Treatment

Rosaleen Mac Uistin, Respiratory Clinical Nurse Specialist, Integrated Care, Carlow/Kilkenny

Pulmonary Rehab and community supports

Brian Fitzgibbon Senior Physiotherapist, Respiratory Integrated Care, Carlow/Kilkenny

2.30-3.30pm Workshops (Choose 1)

A: Let’s talk mental health in COPD *South East Recovery College*

B: Planning for the future *Bettina Korn, End of life coordinator St James Hospital, Dublin*

C: Problem solving on oxygen *Niall Byrne, Air Liquide and Emer Sarsfield Respiratory Nurse Specialist COPD Outreach, Wexford General Hospital*

D: Inhaler technique workshop: *Elizabeth Ryan Respiratory Nurse Specialist and Cathrina Kenny Advanced Nurse Practitioner Candidate Respiratory St Lukes General Hospital Carlow/ Kilkenny and Rosaleen Mac Uistin, Respiratory Clinical Nurse Specialist, Integrated Care, Carlow/Kilkenny*

3.30pm-4.00pm: Summary of day and feedback on What Matters to me and next step

4.00pm Close.

