



Jan-Feb **KeepWell Campaign** Healthy Ireland <https://www.gov.ie/en/campaigns/healthy-ireland/>  
 Jan 2 **National Trails Day** <http://www.nationaltrailsday.ie/>  
 Jan 2-17 **First Fortnight** Mental Health Art & Culture Festival <https://www.firstfortnight.ie/> HSE <https://www2.hse.ie/mental-health/> Arts and Health <http://www.artsandhealth.ie/2020/10/>  
 Jan 4 –Feb 28 **Ireland Lights Up** Get Ireland Walking <https://getirelandwalking.ie/app/> <https://getirelandwalking.ie/irelandlightsup/>  
 Jan 1-31 **Get Ireland Active** Promoting Physical Activity in Ireland <https://www.getirelandactive.ie/>  
 Jan 1-31 **Start Child Health Campaign** Safer Food <https://www.saferfood.net/start/about> HSE <https://www.hse.ie/eng/about/who/healthwellbeing/our-priority-programmes/healthpublications/start-campaign-materials/>  
 Jan 6-Feb 28 **Operation Transformation** RTE/HSE <https://ot.rte.ie/>  
 Jan 18-24 **European Cervical Cancer Prevention** National Cervical Screening Service <https://www.hse.ie/eng/cervicalcheck/>



Feb 4 **World Cancer Day** <https://www.worldcancerday.org/> Irish Cancer Society [www.cancer.ie](http://www.cancer.ie)  
 Feb 8 **International Epilepsy Day** Epilepsy Ireland [www.epilepsy.ie](https://www.epilepsy.ie) [www.internationalepilepsyday.org](http://www.internationalepilepsyday.org)  
 Feb 9 **Safer Internet Day** PDST Technology in Education and Webwise [www.webwise.ie/saferinternetday/](http://www.webwise.ie/saferinternetday/)  
 Feb 16 **Love Life Love Walking Day** HSE <https://www.hse.ie/eng/about/who/healthwellbeing/healthy-ireland/national-policy-priority-programmes/staff-health-and-wellbeing.html>  
 Feb 28 **Rare Disease Day** Rare Diseases Ireland [www.rdi.ie](http://www.rdi.ie) Eurordis <https://www.rarediseaseday.org/country/ie/ireland>



Mar 1-30 **Bowel Cancer Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Mar 1--7 **Eating Disorders Week** Bodywhys <https://www.bodywhys.ie/eating-disorders-awareness-week-2021/>  
 Mar 4 **Health & Social Care Professions Day** <https://www.hse.ie/eng/about/who/cspd/health-and-social-care-professionals/>  
 Mar 4 **World Obesity Day** EASO <https://easo.org/advocacy/world-obesity-day/>  
 Mar 4 **World Book Day in Ireland** <https://www.worldbookday.com/about-us/ireland/>  
 Mar 4 **HPV Awareness Day** <https://ipsoc.org/event/international-hpv-awareness-day-march-4th/> [www.cancer.ie](http://www.cancer.ie)  
 Mar 8 **International Women's Day** The National Women's Council [www.nwci.ie](http://www.nwci.ie) <https://www.internationalwomensday.com/>  
 Mar 11 **World Kidney Day** Irish Kidney Association [www.ika.ie](http://www.ika.ie) <https://www.worldkidneyday.org/>  
 Mar 13 **National No Smoking Day** HSE Quitline <https://www.quit.ie/> FREETEXT QUIT TO 50100  
 Mar 15-21 **Brain Awareness Week** Neurological Association of Ireland [https://www.nai.ie/go/brain\\_awareness\\_week](https://www.nai.ie/go/brain_awareness_week)  
 Mar 15-24 **European Action Week Against Racism** <http://weekagainstracism.eu/> SARI [www.sari.ie](http://www.sari.ie)  
 Mar 21 **World Down Syndrome Day** Down Syndrome Ireland [www.downsyndrome.ie](http://www.downsyndrome.ie) <https://www.worlddownsyndromeday.org/>  
 Mar 22- Apr 30 **Run a Day Challenge** Active School <https://activeschoolflag.ie/events/run-a-day-challenge/>  
 Mar 24 **World Tuberculosis Day** [http://www.stoptb.org/events/world\\_tb\\_day/](http://www.stoptb.org/events/world_tb_day/) <https://www.hpssc.ie>  
 Mar 28-Apr 4 **Organ Donation Awareness Week** Irish Kidney Association <https://www.ika.ie/> Organ Donation and Transplant Ireland [odti@hse.ie](mailto:odti@hse.ie)



Apr 2 **World Autism Awareness Day** Irish Society of Autism <https://autism.ie/> UN <https://www.un.org/en/events/autismday/>  
 Apr 7 **World Health Day** <https://www.who.int/campaigns/world-health-day/>  
 Apr 19- May 23 **Steps to Health Challenge** HSE [hse.ie/stepstohealth](https://www.hse.ie/stepstohealth)  
 Apr 24-30 **World Immunization Week** WHO <https://www.who.int/campaigns>  
 Apr 22 **Earth Day Cities** UN <https://www.un.org/en/observances/earth-day> Friends of the Earth [www.foe.ie](http://www.foe.ie)  
 Apr 26-30 **National Active School Week** Active School <https://activeschoolflag.ie/index.php/active-school-week/>  
 Apr 28 **World Day for Safety and Health at Work** UN <https://www.un.org/en/observances/work-safety-day> HSA [www.hsa.ie](http://www.hsa.ie)  
 Apr 20-24 **National Arthritis Week** Arthritis Ireland <https://www.arthritisireland.ie/>



May 1-31 **Sunsmart** Skin Cancer Prevention Month [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 May 1-31 **Bealtaine Festival** Age and Opportunity <http://bealtaine.ie/>  
 May 5 **World Asthma Day** Asthma Society of Ireland <http://www.asthma.ie/> GINA [www.ginasthma.org/World-Asthma-Day](http://www.ginasthma.org/World-Asthma-Day)  
 May 5 **World Hand Hygiene Day** WHO <https://www.who.int/infection-prevention/campaigns/clean-hands/en/>  
 May 5 **International Day of the Midwives' Day** HSE [www.hse.ie/WHO](https://www.hse.ie/WHO) <https://www.who.int/>  
 May 8 **World Ovarian Cancer Day** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie)  
 May 12 **World Fibromyalgia Day** Arthritis Ireland <https://www.arthritisireland.ie/fibromyalgia>  
 May 12 **International Nurses Day** INMO [www.inmo.ie](http://www.inmo.ie) HSE [www.hse.ie](http://www.hse.ie) ICN <https://www.icn.ch/what-we-do/campaigns/international-nurses-day>  
 May 15 **Walk to School Safely** Green Schools An Taisce <https://greenschoolsireland.org/events> TWINKL Ireland <https://www.twinkl.ie/event/walk-safely-to-school-day-2021>  
 May 17-21 **European Public Health Week** <https://eupha.org/eupha>  
 May 20 **International Clinical Trials Day** ECRIN <https://ecrin.org/international-clinical-trials-day-ictd>  
 May 25-31 **European Week Against Cancer** [www.europeancancerleagues.org/European-week-against-cancer/](http://www.europeancancerleagues.org/European-week-against-cancer/)  
 May 29 **World Health Digestive Day** World Gastroenterology Org <https://www.worldgastroenterology.org/wgo-foundation/wdhd>  
 May 30 **World MS Day** MS Ireland [www.ms-society.ie](http://www.ms-society.ie) [worldmsday.org/](http://worldmsday.org/)  
 May 31 **World No Tobacco Day** HSE Quit [www.quit.ie](http://www.quit.ie) WHO <https://www.who.int/tobacco/wntd/en/>



Jun 5 **World Environment Day** UNEP <https://www.worldenvironmentday.global/> <http://www.askaboutireland.ie/>  
 Jun 7 **National Cancer Survivors Day** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie)  
 Jun 7-13 **National Carers' Week** Care Alliance Ireland [www.carealliance.ie](http://www.carealliance.ie)  
 Jun 14-20 **Men's Health Awareness Week** Men's Health Forum in Ireland [www.mhfi.org](http://www.mhfi.org)  
 Jun 14 **World Blood Donor Day** IBTS <http://www.giveblood.ie/> WHO <https://www.who.int/campaigns/world-blood-donor-day>  
 Jun 20 **World Refugee Day** UN <https://www.un.org/en/observances/refugee-day>  
 Jun 21 **International Day of Yoga** UN <https://www.un.org/en/observances/yoga-day>  
 Jun 26 **International Day Against Drug Abuse and Illicit Trafficking** HRB [www.drugsandalcohol.ie](http://www.drugsandalcohol.ie) UNODC <https://www.unodc.org/drugs>



Jul 1-31 **Sarcoma Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie)  
 Jul 11 **World Population Day** UN <https://www.un.org/en/observances/world-population-day>  
 Jul 28 **World Hepatitis Day** World Hepatitis Alliance [www.worldhepatitisalliance.org](http://www.worldhepatitisalliance.org) Hepatitis Partnership [www.hepinfo.ie](http://www.hepinfo.ie)



Aug 1-7 **World Breastfeeding Week** WABA <https://waba.org.my/> HSE <https://www2.hse.ie/my-child/>  
 Aug 12 **International Youth Day** UN <https://www.un.org/en/observances/youth-day>  
 Aug 19 **World Humanitarian Day** UN <https://www.un.org/en/observances/humanitarian-day>



Sept 1-30 **Heart Month** Irish Heart Foundation [www.irisheart.ie](http://www.irisheart.ie)  
 Sept 1-31 **Childhood Cancer Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Sept 1-31 **See Change Green Ribbon Campaign** <https://seechange.ie/green-ribbon/>  
 Sept 4 **World Sexual Health Day** HSE <http://www.sexualwellbeing.ie/> WHO <https://www.who.int/life-course/news/en/>  
 Sept 9 **International Fetal Alcohol Spectrum Disorders (FASD)** WHO [www.who.int/](http://www.who.int/) HSE [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie)  
 Sept 10 **World Suicide Prevention Day** HSE [www.yourmentalhealth.ie](http://www.yourmentalhealth.ie) IASP <https://www.iasp.info/>  
 Sept 15 **World Lymphoma Awareness Day** Lymphoma Forum of Ireland [www.lymphomaforum.ie](http://www.lymphomaforum.ie) [www.cancer.ie](http://www.cancer.ie)  
 Sept 15 **Mouth Cancer Awareness Day** Dental Health Foundation [www.dentalhealth.ie](http://www.dentalhealth.ie) [www.cancer.ie](http://www.cancer.ie)  
 Sept 17 **World Patient Safety Day** HSE [www.hse.ie/eng/about/qavd/patient-safety](http://www.hse.ie/eng/about/qavd/patient-safety) WHO <https://www.who.int/campaigns>  
 Sept 21 **World Alzheimer's Day** Alzheimer's Disease International [www.alzheimer.ie](http://www.alzheimer.ie) HSE [www.understandtogether.ie](http://www.understandtogether.ie)  
 Sept 26 **World Contraception Day** HSE [www.sexualwellbeing.ie](http://www.sexualwellbeing.ie) WHO <https://www.who.int/life-course/news/en/>  
 Sept 26 **National Community Walking Day** Get Ireland Walking <https://getirelandwalking.ie>  
 Sept 27-Oct 1 **Positive Ageing Week** <http://www.positiveageingweek.com/>  
 Sept 29 **International Day of Awareness of Food Loss and Waste** <https://sdg.iisd.org/events/international-day-of-awareness-of-food-loss-and-waste-2021/>  
 Sept 23-30 **European Week of Sport** [www.ec.europa.eu/sport/week\\_en](http://www.ec.europa.eu/sport/week_en) Irish Sports Council <https://www.sportireland.ie/>  
 Sept 13 **World Sepsis Day** HSE <https://www.hse.ie/eng/services/news/media/pressrel/think-could-it-be-sepsis-world-sepsis-day-is-friday-13th-september.html>



Oct 1 **International Day of Older Persons** WHO [www.who.int](http://www.who.int) Age Action [www.ageaction.ie](http://www.ageaction.ie)  
 Oct 8-Nov 8 **MS Readathon** Multiple Sclerosis Ireland <https://www.msreadathon.ie/>  
 Oct 1-31 **Breast Cancer Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Oct 1-7 **National Breastfeeding Week** HSE <https://www2.hse.ie/babies-and-toddlers/breastfeeding/>  
 La Leche League [www.lalecheleagueireland.com](http://www.lalecheleagueireland.com)  
 Oct 5 **World Teachers' Day** UNESCO <https://en.unesco.org/commemorations/worldteachersday> [www.asti.ie](http://www.asti.ie) [www.tui.ie](http://www.tui.ie)  
 Oct 8 **World Hospice and Palliative Care Day** WHO [https://www.who.int/cancer/events/palliative\\_care\\_day/en/](https://www.who.int/cancer/events/palliative_care_day/en/) HSE <https://www.hse.ie/eng/about/who/cspd/ncps/palliative-care/> <https://hospicefoundation.ie/bereavement-2-2/coping-with-loss/>  
 Oct 8 **World Sight Day** NCBI [www.ncbi.ie](http://www.ncbi.ie) IAPB <http://www.iapb.org/>  
 Oct 10 **World Mental Health Day** HSE [www.yourmentalhealth.ie](http://www.yourmentalhealth.ie) WHO <https://www.who.int/campaigns/world-mental-health-day> Mental Health Ireland <https://www.mentalhealthireland.ie/mhi-campaigns/> Aware <https://www.aware.ie/support/>  
 Oct 13 **International Day for Disaster Risk Reduction** UN <https://www.un.org/en/observances/disaster-reduction-day>  
 Oct 16-22 **International Infection Prevention Week** IIPW [professionals.site.apic.org/iipw/](http://professionals.site.apic.org/iipw/) HSE [www.hse.ie/handhygiene](http://www.hse.ie/handhygiene)  
 Oct 16 **European Restart a Heart Day** ERC HSE National Ambulance Service [www.hse.ie/](http://www.hse.ie/)  
 Oct 16 **World Food Day** <https://sdg.iisd.org/events/world-food-day-2021/> [www.scoilnet.ie](http://www.scoilnet.ie)  
 Oct 21 **Living with Obesity** <https://asoi.info/public/>  
 Oct 20 **World Osteoporosis Day** <http://www.worldosteoporosisday.org/>



Nov 1-30 **International Lung Cancer Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Nov 1-30 **November Prostate Cancer Awareness Campaign** ICS [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Nov 12 **World Pneumonia Day** <https://stoppneumonia.org/latest/world-pneumonia-day/>  
 Nov 13 **World Kindness Day** Random Acts of Kindness Foundation <https://www.randomactsofkindness.org/world-kindness-day>  
 Nov 14 **World Diabetes Day** WHO <https://www.who.int/news-room/events/world-diabetes-day> Diabetes Ireland [www.diabetes.ie](http://www.diabetes.ie)  
 Nov 18 **World COPD Day** COPD Support Ireland [www.copd.ie](http://www.copd.ie) <https://goldcopd.org/world-copd-day/>  
 Nov 18 **European Antibiotic Awareness Day** EAAD <https://antibiotic.ecdc.europa.eu/en> DOH <https://www.gov.ie/en/publication/d6daa-world-antimicrobial-awareness-week/>  
 Nov 16-20 **EU Action on Alcohol Week** HSE [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie) <http://www.awarh.eu/>  
 Nov 19 **International Men's Health Day** [www.internationalmensday.com](http://www.internationalmensday.com) Men's Health Forum [www.mhfi.org](http://www.mhfi.org)  
 Nov 19 **World Pancreatic Cancer Day** [www.cancer.ie](http://www.cancer.ie)  
 Nov 20 **Universal Children's Day** <https://www.un.org/en/observances/world-childrens-day> <https://www2.hse.ie/my-child/>



Dec 1 **World Aids Day** [https://www.unaids.org/en/World\\_AIDS\\_Day](https://www.unaids.org/en/World_AIDS_Day) HSE [www.sexualwellbeing.ie](http://www.sexualwellbeing.ie)  
 Dec 3 **International Day of Persons with Disabilities** <https://www.un.org/development/desa/disabilities/> HSE [disabilitiesqi@hse.ie](https://disabilitiesqi@hse.ie) Disability Federation of Ireland Inclusion Ireland <http://www.inclusionireland.ie> <https://www.disability-federation.ie/> [disabilitiesqi@hse.ie](https://disabilitiesqi@hse.ie)  
 Dec 5 **International Volunteer Day** United Nations <https://www.volunteer.ie/event/ivd/>  
 Dec 10 **International Human Rights Day** United Nations <https://www.un.org/en/observances/human-rights-day> Irish Human Rights Commission [www.ihrcc.ie](http://www.ihrcc.ie)  
 Dec 18 **International Migrants Day** UN <https://www.un.org/en/observances/migrants-day>

