

**RACE  
STARTS AT  
8:30 AM**

**RAIN OR  
SHINE**

Portion of the  
proceeds to go to the  
**NORWALK  
FOOD  
PANTRY**

*Bring a non-perishable  
food item on race day*

**New for 2019  
RUN WITH  
YOUR  
DOG**



**SPONSORS**

McClure  
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RACE REGISTRATION

**WWW.  
GETME  
REGISTERED  
.COM/  
RUNORWALK**



**PRE-REGISTERED  
ENTRY FEES  
APRIL 26, 2019**

**\$25 - AGES 12-65  
\$15 - AGES 5-11  
\$10 - Dog Registration**

**INCLUDES T-SHIRT  
CASH/CHECK/VISA/MC  
CHIP TIMING  
CASH PRIZES & MEDALS**

**POST RUN  
FREE KIDS  
FUN RUN**

**KIDS 8 AND UNDER  
NO REGISTRATION REQUIRED**

**SPONSORED BY:**



**PRIZES AWARDED**

**FOOD DRIVE &  
REGISTRATION  
EVENT**

**APRIL 11, 2019**



**3-6 PM  
FAREWAY**

**BRING YOUR CANNED  
NON-PERISHABLE  
FOOD DONATIONS**

**SCHEDULE, FEES, RACE TIMES + MORE INFO at  
[www.norwalkchamber.org](http://www.norwalkchamber.org)**

# RUNORWALK REGISTRATION FORM

**EVENT: SATURDAY, MAY 11th, 2018 8:30 AM**

At Norwalk High School – Warrior Stadium Mineart Field

Return completed Form to Norwalk Chamber Office

PO Box 173, Norwalk, Iowa 50211 • Pre-Registered by MAY 1st

Race day registration 7:00 AM – 8:00 AM @ Norwalk High School

**Race Packet Pick up:** MAY 10th from 8:00 AM – 6:00 PM @ EXIT Realty office  
located 1039 Sunset Dr. Norwalk, Iowa 50211 or Registration Booth on race day

**REGISTER ONLINE @ [www.getmeregistered.com/RUNorwalk](http://www.getmeregistered.com/RUNorwalk)**

For more information: **RACE MAP:** [www.norwalkchamber.org](http://www.norwalkchamber.org)

**EMAIL:** [info@norwalkchamber.org](mailto:info@norwalkchamber.org) • **CHAMBER OFFICE:** 515-981-0619

**PLEASE BRING A CANNED/NON-PERISHABLE FOOD ITEM FOR THE NORWALK FOOD PANTRY TO  
THE REGISTRATION EVENT, APRIL 11th 3-6 PM @ FAREWAY OR ON RACE DAY!**



Name: \_\_\_\_\_ Age (on race day): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

☐ 5K Run (no 8K this year)

☐ 5K Walk

☐ Yes, I want to be timed

☐ No, I don't want to be timed

☐ Male ☐ Female

Adult T-shirt size: ☐ Small ☐ Medium ☐ Large ☐ X-Large ☐ XX-Large (\$2 more)

Child T-shirt size: ☐ Medium (10 – 12) ☐ Large (14 – 16) ☐ **NEW FOR 2019!** Long Sleeve Option (\$5 more)

## Registration Entry Fees:

*Cash, check or VISA/MasterCard (Credit Card orders – call office 515-981-0619)*

- |                          |                  |  |
|--------------------------|------------------|--|
| <input type="checkbox"/> | 12 – 65          | \$25.00 per person (includes T-shirt) after May 4TH \$30.00 (No T-shirt guarantee) |
| <input type="checkbox"/> | 5 – 11           | \$15.00 per person (includes T-shirt) after May 4TH \$20.00 (No T-shirt guarantee) |
| <input type="checkbox"/> | 4 and under      | FREE (NO T-shirt)  |
| <input type="checkbox"/> | 66 and over      | FREE (NO T-shirt)  |
| <input type="checkbox"/> | Dog Registration | \$10 per dog (must be leashed) (includes event bandana)                            |

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of parent or guardian if under 18 years of age)

WAIVER: In consideration of my participation in the RUNorwalk event, I understand that the City of Norwalk, Chamber of Commerce, the sponsors, and all people involved with RUNorwalk are not insurers of my personal safety. Myself, my heirs, executors and administrators waive and release any and all rights and claims for any personal injury, property damage, loss or inconvenience by reason of their negligence in participation or sponsoring or planning or arranging RUNorwalk and activities associated therewith. All entrants will be participants at their own risk.

**\*SAFETY PRECAUTIONS: EVENT REGISTERED DOGS ONLY (LEASHED). NO BIKES ALLOWED. EVENT HELD RAIN OR SHINE.**