

Benedict Center cont...

When Lynette began her internship in 2022 she was not completely new to the Benedict Center. In 2007 a probation officer referred her to us for drug counseling. Her life's journey has some heart-breaking twists and turns, but what matters most is that she embraced recovery, reconnected with her family, and returned to school.

When Lynette told Julia May, Bridge Case Manager, she was concerned her criminal record would prevent her from becoming a licensed counselor, Julia suggested that she apply to become a Certified Peer Specialist. Lynette learned she could use her lived experience as a strength to help others heal. She jumped at the opportunity and began the certification course in January. "My tragedies have brought me blessings. I can use my lived experience to help other women," shared Lynette.