



## Let's Be Healthy Together!

### BRIEF ANNOUNCEMENT:

Life Line Screening, a leading provider of community-based preventive health screenings will be in our community on Tuesday, March 31, 2020 at Mesquite United Methodist Church. Ultrasound screenings to Identify risk factors for Cardiovascular disease include; **Carotid Artery** (plaque buildup-a leading cause of stroke), **Abdominal Aortic Aneurysm** (an enlargement or weak area in the main blood vessel that carries blood from the heart to the rest of the body), **Peripheral Arterial Disease** (hardening of the arteries in the legs), a **Heart Rhythm Screening** (an EKG to detect Atrial Fibrillation-irregular heartbeat) and an **Osteoporosis Risk Assessment** for men and women. Being proactive about your health by knowing your risks helps you and your doctor address problems early.

**Register online TODAY**

at [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle) and receive your "Community Circle" discount and your Preferred Appointment!