

Use these instructions to make your own wand out of natural objects.



Instructions:

1. Find a stick

Choose one that has naturally fallen to the ground, not one still attached to a tree or plant. Not too thick, around the diameter of your thumb.

You could look for one that's an interesting shape or colour.

Break it to your perfect size and remove any rough or sharp bits.

2. Decorate your wand

Make a handle by winding wool or string around the bottom of the twig and secure it in place with a knot.

Secure natural objects onto the other end of your wand such as leaves, feathers or petals. Try to be eco-friendly with what you put onto your wand – by only using natural objects, you can recycle your wand by putting it back into nature once you've finished playing with it.

3. Use your wand

Think about what powers you could use with your nature wand. Can you make the plants grow tall and healthy or use it to help you talk to the creatures that live in your garden or local green space?

You could use it to point out your favourite flowers or plants or to point at words in a book as you read.

Don't forget to tag us in your nature wand creations at @welovefrugi using the hashtag #FrugiCreates