# BETTER WELL-BEING SAROUND THE BEND

### **2022 Pactiv Evergreen Well-Being Program** May 11 – Dec. 31, 2022

The Benefits Team is excited to provide you with an overview of the **2022 Pactiv Evergreen Well-Being Program** powered by WebMD ONE!

Our partnership with the WebMD ONE technology provides exciting opportunities for employees to automatically **earn wellness dollars for participating** in programs encompassing our **4 pillars of well-being – physical, mental, social and financial.** 

### Who Can Participate?

All employees. No medical plan enrollment required.

### What's Different this Year?

New Reward Structure and Program Design

#### Online Rewards

Complete activities and be instantly rewarded with up to **\$650 in Wellness Dollars** that can be redeemed for **Gift Cards** via Online Rewards.

### Reward Opportunities

**Step 1 – Build your Foundation to Physical Wellness** Earn up to **\$200 in Wellness Dollars** by completing a Health Assessment *and* a biometric screening. Onsite biometric screenings will be offered.

**Step 2 – Keep a Holistic Focus** Earn up to an additional **\$450 in Wellness Dollars** by completing Step 1\* and other activities.

\*Step 1 activities, Health Assessment and Biometric Screening are required to be completed before you can earn Wellness Dollars in Step 2.



# 2022 PACTIV EVERGREEN WELL-BEING PROGRAM

## **Registration Guide**

Pactiv Evergreen Well-Being, powered by WebMD ONE, can help you navigate your way toward better health. Whether you'd like to spend more time in nature, in the comfort of your home or in the company of loved ones; we offer exciting new tools that can help you enjoy better well-being and experience more feel-good moments in life.

Plus you can earn Wellness Dollars!

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### **Get Started**

- 1. Go to: www.webmdhealth.com/pewellness and click Create Account.
- 2. Enter your Employee ID (details below)& then create a username & password.
- 3. Agree to terms and click Go.

Your **Employee ID** is a unique identifier that is assigned to you upon employment. It ensures accurate record keeping of all your data while you are employed. **It can be found:** 

- On Your Paystub: Your Employee ID is listed below "Other Benefits and Information."
- In Your ADP Profile Online: Your Employee ID is listed in your employee profile next to your username. You can log in directly through the company network or at my.adp.com.



### **Create Your Account**

Authentication & Security Information



Welcome to the Homepage

### Want to Go Mobile? Download the app, Wellness at Your Side™

Download today to create an account and work toward your well-being goals anytime, anywhere.

- 1. Visit the Apple App Store or the Google Play Store.
- 2. Search for "Wellness at Your Side."
- 3. Download and open the app, then enter your connection code: pewellness
- 4. Create Account to register.



