

SYJCC Virtual Senior Center Program Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Concerts in Motion Professional Classical performance and discussion on Zoom 11:00 am	A Penny for Your Thoughts on Zoom Lively discussions on a variety of topics 2 nd and 4 th Tuesday 10:30 am		Chair Yoga In-person outside 9:15-10:15 am	Sit & Fit In-person outside 10:30-11:30 am
Civilization & the Jews On Zoom 12:30-1:30 pm	American History On Zoom 1:00-2:00 pm	Current Events On Zoom 12:45-2:00 pm	Special Programs On Zoom: Schedule below. 1:00 pm	Herstory On Zoom 1:00-2:00 pm
		Concerts in Motion Youth Concert and discussion on Zoom 3:00 pm		Concerts in Motion Professional performance of variety music on Zoom 2:00 pm

October 2020 Special Programs

Thursdays 1:00-2:00 on Zoom

Richard Knox presents ***Outstanding Hollywood Dance Numbers*** a two-part series live on Zoom on Oct 8 and Oct 29
 Brian Rose, Film Historian presents ***Carl Reiner & Mel Brooks: The Grandmasters of Comedy*** live on Zoom on Oct 15
 Squeeky Clean a three-piece ensemble performs all your favorites live on Zoom on Oct 22

Tuesdays 2:30-3:30 Men's & Women's Clubs open programs on Zoom

Maxine Roeper Cohen, Family Educator presents ***Grandparenting Today*** live on Zoom on Oct 6
 Neil Yerman, Sofer presents ***Rejoicing with the Torah-a Conversation with a Master Scribe*** live on Zoom on Oct 20

Concerts in Motion brings together professional musicians and youth for engaging performances that include interaction with the musicians. These programs are in partnership with *Concerts in Motion* and will feature different musicians each week.

Registration required for all programs to receive the zoom link or to reserve a spot for in-person exercise classes.

Register at syjcc.org or call 631-462-9800 for help with registration or question



SYJCC 74 Hauppauge Rd, Commack NY 11725 Funded by Suffolk County Office For Aging and the Suffolk Y JCC
 631-462-9800 www.syjcc.org