



GROWING TOGETHER



21 DAY Equity Challenge

Weekdays
August 7 - September 4

Welcome to the YMCA 21-Day Equity Challenge! Get ready to grow and learn with others nationwide interested in creating stronger, more united communities. This experience will provide you with the resources and tools to take a 'deep dive' into topics and issues that impact each of us and in some cases--- inequitably impact us. You may be more familiar with certain topics than with others, but we invite you to ask a vital question about each one - 'Why, and what can we do about it?'

Each day we'll watch, read, listen, and interact with voices present and past, knitting our ideas and hopes into a vision for the future, communities where all people have equitable experiences and outcomes. So, bring your open mind and heart, and let's get to work!

Chapters we will cover include:

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|------------------|----------------|---------------------|------------------|----------------------|------------------|--------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| The Brutal Facts | Social Capital | Educational Quality | Racial Isolation | Economic Segregation | Family Stability | Bridging Community |
| August 7-9 | August 10-14 | August 15-17 | August 18-22 | August 23-25 | August 28-30 | Aug. 31-Sept.4 |

JOIN THE CHALLENGE!

To sign up for the challenge, visit
www.stronglife.org by August 6, 2023.

