

Youth Sports



LAURI ANN WEST
COMMUNITY CENTER

Session 1: March 1 - April 16
Session 2: April 26 - June 4

Soccer Shots Mini

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Day	Time	Ages	Session	Member/Non
Tues.	10:45 - 11:15 a.m.	2-3	1 & 2	\$85 / \$105
Thurs.	10:45 - 11:15 a.m.	3-5	1 & 2	\$85 / \$105

Soccer Shots Premier

This program focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Meets on the outdoor soccer field - bundle up! Facial coverings required at all times. No class March 30!

Day	Time	Ages	Session	Member/Non
Tues.	4:00 - 5:00 p.m.	5-8	1 & 2	\$105 / \$115
Thurs.	4:00 - 5:00 p.m.	8-12	1 & 2	\$105 - \$115

Flag Football

Get ready to run, pass, catch, and score as you play the fast and exciting game of flag football with Dante. Develop teamwork skills during scrimmages and fun drills in this class that welcomes all abilities and fitness levels. Meets on the outdoor field - bundle up! Facial coverings required at all times. No class March 31!

Day	Time	Ages	Session	Member/Non
Wed.	4:00 - 5:00 p.m.	6-9	1 & 2	\$105 / \$115

Traditional Sports with JumpBunch

Experience a new sport each week including basketball, soccer, and lacrosse. Your child will have a blast and might find a new favorite sport in the process! Meets on the outdoor field - bundle up! Facial coverings required at all times. No class March 29!

Day	Time	Ages	Session	Member/Non
Mon.	4:00 - 5:00 p.m.	6-12	1 & 2	\$105 / \$115

Play to Be Fit with JumpBunch

Focus on a different skill each week (teambuilding, 60-second challenges, strong kids, agility ladder, obstacle course, etc.) Your child will get the exercise they need while having a blast! Meets on the outdoor field – bundle up! Facial coverings required at all times. No class April 2!

Day	Time	Ages	Session	Member/Non
Fri.	4:00 – 5:00 p.m.	6-12	1 & 2	\$105 / \$115

Pittsburgh Ballet Theatre

Classes will be held each Tuesday and taught by instructor Marcie Day from Pittsburgh Ballet Theatre in our dance studio. Facial coverings will be required at all times. All students should wear a black Lycra leotard, pink (not shiny) tights, and leather ballet shoes to class. No class March 30th.

Program	Time	Dates	Member/Non
Grown Up & Me (ages 1.5-3)	9:00 – 9:30 a.m.	3/2 – 4/13	\$100 / \$125
Pre-Ballet (ages 2-3)	9:30 – 10:15 a.m.	3/2 – 4/13	\$215 / \$225
Pre-Ballet (age 3)	2:00 – 2:45 p.m.	3/2 – 5/25	\$215 / \$225
Pre-Ballet (age 4)	2:45 – 3:30 p.m.	3/2 – 5/25	\$215 / \$225
Pre-Ballet (age 5)	4:30 – 5:15 p.m.	3/2 – 5/25	\$215 / \$225
Pre-Ballet (age 6)	5:15 – 6:00 p.m.	3/2 – 5/25	\$215 / \$225
Pre-Ballet (ages 7-9)	6:00 – 6:45 p.m.	3/2 – 5/25	\$215 / \$225
Pre-Ballet Adult (age 16+)	6:45 – 7:45 p.m.	3/2 – 5/25	\$225 / \$240

Adult Pickleball



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Beginner Pickleball

Come learn the fastest growing sport in southwester PA! Class includes an introduction to the game of pickleball through learning to score, strokes (serve, forehand, backhand, volley, dink, overhead), and strategy. Class format will be ~1/2 hour lesson followed by ~1/2 hour of coached play. No class March 18 or April 8. Meets outdoors on the flex court and facial coverings are required.

Day	Time	Session	Member/Non
Thurs.	12:30 - 1:30 p.m.	1 & 2	\$115 / \$135

Advanced Beginner Pickleball

Come hone your skills through this class focusing on strategy, drills, and coached playtime. Class format will be ~1/2 hour lesson followed by 45 minutes of coached play. To take this class you must have already taken a Beginner Pickleball Class or have cleared participation with instructor Kathy Demetri. No class March 18 or April 8. Meets outdoors on the flex court and facial coverings are required.

Day	Time	Session	Member/Non
Thurs.	9:30 - 10:45 a.m.	1 & 2	\$125 / \$150

Intermediate Pickleball

Come hone your skills through this class focusing on strategy, drills, and coached playtime. Class format will be ~1/2 hour lesson followed by 45 minutes of coached play. To take this class you must have already taken an Advanced Beginner Pickleball Class or have cleared participation with instructor Kathy Demetri. No class March 18 or April 8. Meets outdoors on the flex court and facial coverings are required.

Day	Time	Session	Member/Non
Thurs.	11:00 a.m. - 12:15 p.m.	1 & 2	\$125 / \$150