

Prompts for greater selfishness

What do you really want but never do?

Dotted lines for writing.

Who and what do you only pretend to like?

Dotted lines for writing.

If you weren't worried about upsetting anyone, how would you spend your holidays?

Dotted lines for writing.

When it comes to culture, what don't you enjoy?

Dotted lines for writing.

What clothes do you want to wear more of?

Dotted lines for writing.

What foods do you want to eat more of?

Dotted lines for writing.

What kind of people do you want to hang out with?

Dotted lines for writing.

Who do you want to stop seeing?

Dotted lines for writing.

Who and what do you only pretend to like?

What would you like to do in a typical week?

| | | |
|-----|-----|-----------|
| Mon | Tue | Wed |
| Thu | Fri | Sat / Sun |

Imagine a life where someone could tell if you were lying and imposed enormous penalties whenever they could see that you were being inauthentic. Imagine what you would have to do next ...
