



## KDS Athletics Off the Field, Court, Ice, and Pool

### Athletics' Insider News

October Edition

#### MONTHLY COACHES' MEETING

October 20th 8:00am

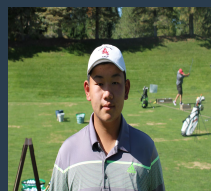
**Topic:** The role of coaches in the school life of Kent Denver students

**Zoom link:** <https://kentdenver.zoom.us/j/95357207409>

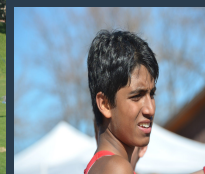
\*In normal circumstances, we will host this on campus with breakfast provided\*

\*This is open to ALL faculty and staff\*

#### Sun Devil of The Week for September



Jeff Zhou 21' Golf



Vivek Shah 21' CC

<https://www.kentdenver.org/athletics/sun-devil-of-the-week>

#### WELCOME JEFF HOLLWAY, OUR NEW AD!

Jeff Hollway joins us with his beautiful family from The Hill School in Pennsylvania.

1. What is your favorite part about being at Kent Denver?  
**Learning how truly thoughtful and caring our Admin team is. They deeply care about the school, faculty, students, and families.**

2. What is your vision for Kent Denver Athletics?

**The overall vision is to make Kent Denver the best Athletic Department in Colorado. I want our student-athletes to leave saying that playing sports at Kent Denver was one of the best things they have ever done - they built lifelong relationships with coaches and teammates because of what they went through on the courts/fields/ice/pool. Kent Denver Pride in all that we do!**

#### A FEW THINGS FROM OUR STRENGTH AND PERFORMANCE TEAM!

Our Strength and Performance program uses a software called TeamBuildr.

TeamBuildr's goal is "to arm all strength coaches with tools to build a better strength program!"

<https://www.teambuildr.com/>

#### STUDENT LEADERSHIP UPDATE

"Lead'em Up"

We have partnered with a nationally renowned program to help mold and grow our student leaders:

[\\*https://leademup.com/\\*](https://leademup.com/)

#### COACH SPOTLIGHT!



[A chat with Richard Judd](#)

#### WELLNESS!

The Walker Institute is funding our community in suicide awareness and prevention.

Kent Denver was picked to participate in a nationwide survey called The Aspen Institute (Reimagining Sports in America survey).

#### DEI WORK

Richard Judd, Jeff Hollway, and Stephanie Kyser are participating in NEMNET training.  
<https://www.nemnet.com/>

Coach Hollway is starting the Gender Excellence Task force.

\*If you would like to be involved, please reach out to Coach\*

#### Social Media

Instagram: @kentdenverathletics  
Facebook: @ Kent Denver Athletics  
Twitter: @AthleticsKDS