



CEDAR CREEK BOOSTER CLUB

### EAGLE D.A.S.H.

Join us for our annual Eagle D.A.S.H. during FIT and Specials on Friday November 16th. Students will enjoy the new format this year, focused on a healthy body and mind. Activities include:



- ◆Eagle Dash / Fun Run
- ◆SEL Yoga
- ◆Health professional discussions with students
- ◆Discussion of screen free activities during the holidays
- ◆Thankful lessons in the classroom

Eagle Dash / Fun Run is on the back field during your student's Specials Time. We will **need parent volunteers to help pass out wristbands** to help the students keep track of how many laps they are running. Please join us in this fun tradition - and feel free to run/walk a few laps with your child!

We will also **need volunteers to bring orange slices** to refuel the students during the Dash / Fun Run. Please slice oranges and bring them in zip-lock bags at drop off Friday November 16th. We will have coolers in the car line to collect them.

#### Eagle D.A.S.H. Specials Schedule

##### For the Dash / Fun Run portion of the day:

Kinder	1:10 pm – 2:00 pm
1 <sup>st</sup>	2:00 pm – 2:45 pm
2 <sup>nd</sup>	8:50 am – 9:40 am
3 <sup>rd</sup>	9:45 am – 10:35 am
4 <sup>th</sup>	10:55 am – 11:45 am
5 <sup>th</sup>	8:00 am – 8:50 am

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#### GRADE LEVEL PARTIES

Fall Family Fun Fest is over, but the Parties are just starting!

Purchase tickets to Children or Adult Grade Level Parties now.

Children will love decorating Gingerbread Houses or In Line Skating.

Get to know the parents of your child's peers at the Adult Parties.

Purchase tickets on our website.