



# UNIVERSAL AMERICAN SCHOOL AFTER SCHOOL ACTIVITIES 2019/2020



**SEASON 1 BROCHURE**  
**OCTOBER 1 TO DECEMBER 5, 2019**

# WELCOME TO THE UAS AFTER SCHOOL ACTIVITIES

“

Effective after school programs bring a wide range of benefits to youth, families and communities. Afterschool programs can boost academic performance, reduce risky behaviors, promote physical health, and provide a safe, structured environment for the children of working parents. [www.youth.gov](http://www.youth.gov)

”

## OUR VALUES

At UAS, the mission of the ASA program is to provide a wide range of engaging activities for our diverse and active students.

Education doesn't stop when the bell rings and the school day ends. Our students are strongly encouraged to explore interests outside of the classroom curriculum. At UAS it is our duty to provide such opportunities and we are constantly striving to offer a wide range of engaging activities within the ASA Program.

- During our selection process we are mindful of the fact that a successful ASA program should include activities that foster the development of children physically, artistically, socially, emotionally and academically where they can:
- Explore their talents
- Develop leadership skills
- Build bonds with role models
- Improve their academic performance
- Have fun

## ALL ACTIVITIES TAKE PLACE ON THE UAS CAMPUS AND ARE PROVIDED AS FOLLOWS:

### Internal After School Activities

Internal ASAs are offered by UAS teachers at no charge (in some cases a minimal fee might be applicable for the purchase of relevant equipment).

### External After School Activities

External ASAs are delivered on UAS campus by Outside Providers that UAS builds partnerships with and Fees are varied depending on each activity.

On the following pages you will find a comprehensive list of all After School Activities. Follow the registration instructions at the end of this brochure.



**SUNDAY OCT 6/13/27 - NOV 3/10/17/24 - DEC 1 (TOTAL 8 SESSIONS)**

### EXTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
1 - 5	<b>ADVANCED TENNIS</b> Provider: Match Point Cost: AED 600	The focus of the advanced group classes is development of proper techniques and learning tactics. This program includes footwork and agility training each class. Players are introduced to scoring system and in some cases can begin to play tennis tournaments.
1 - 5	<b>MENTAL MATH</b> Provider: Mdd Cost: AED 1240 for 16 sessions/ twice a week	<b>Note:</b> Please note that once you register for Mental Math activity your child will be committed for both days, Sunday and Wednesday.  CEMAS is a mental arithmetic program for children aged 5 to 14. The ancient Japanese technique of teaching using the abacus is being used. Hailed as a manual calculator for centuries the abacus became the tool that enabled millions of children to gain the skill of fast and accurate mental arithmetic computation, apart from sharpening other brain skills. As students' progress in each level, they learn how independently they can calculate mentally without the use of the abacus. "All Done Mentally" The CEMAS program ensures that as each student advances to the next level, the appropriate action, cognitive, and conceptual connections are made.
1 - 3	<b>SPHERO CODING</b> Provider: STEMA Cost: AED 530	Learn principles of programming and controlling in a fun way, learn about loops and events, by using funny colorful spherical robot that can be programmed or controlled to move, jump, or even draw crazy shapes, it can light up with any color, and show messages on its screen.
4- 5	<b>VEX IQ ROBOTICS</b> Provider: STEMA Cost: AED 530	Build and program robots respond to your commands and interact with outside environment (using Lego Mindstorm/ VEX IQ).



**SUNDAY OCT 6/13/27 - NOV 3/10/17/24 - DEC 1 (TOTAL 8 SESSIONS)**

### INTERNAL ASA

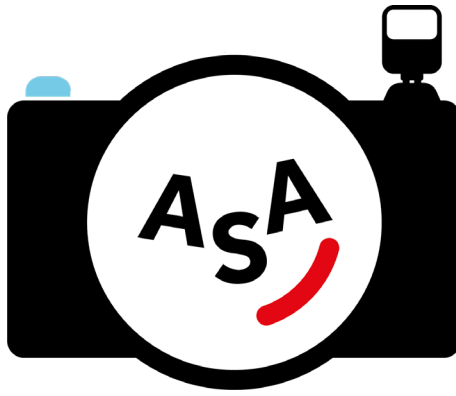
GRADE	ACTIVITY DETAILS	DESCRIPTION
3 - 5	<b>SUDOKU</b> Teacher: Loieuse Azode	Varieties of Sudoku puzzles teaching different calculation methods.
3 - 5	<b>KILOMETER CLUB</b> Teacher: Finola De Paor	If you like to run and challenge yourself this is the ASA for you! At Kilometer Club we aim to get fitter while having fun.
1 - 2	<b>DANCING STARS</b> Teacher: Brittany Wilson	Do you like to move it, move it? Well this place for you. Come dance and groove in this ASA.
3 - 5	<b>ARTS AROUND THE WORLD</b> Teacher: Alina Nestor	Take a trip around the world with unique art projects that connect with different countries! Some of the projects are based on an art form or craft from a particular culture. Other projects are inspired by a country's geography or history.
1 - 5	<b>QURAN</b> Teacher: Nissreen Al Solh	Help students to improve their Quran recitation skill and encourage them to memorize more Surahs.  <b>Note:</b> Please note that you need to choose only one day per week, Sunday or Wednesday.
4 - 5	<b>COMIC WRITING CLUB</b> Teacher: Maria Braun	Do you love comic books, graphic novels, and creative writing? Then you should definitely be apart of the Crazy Comic Writing Club. Come practice your writing skills and have some fun!



MONDAY OCT 7/14/28 NOV 4/11/18/25 (TOTAL: 7 SESSIONS)

### EXTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
1 - 5	<b>CHESS</b> Provider: Chess Knowledge Cost: AED 665	A Chess Master will guide students through beginning to competitive levels of Chess. More information is available here: <a href="http://www.chessdubai.com">www.chessdubai.com</a> Our main focus is on keeping the game fun for children while teaching them important life lessons such as sportsmanship, problem solving, critical thinking, concentration, patience, attention span and other skills. Participation in chess has been shown to increase test scores in reading and math.
1 - 5	<b>LITTLE ENGINEERS</b> Provider: Engineers To Be Cost: AED 650	Introductory level for all elementary school students. The classes will introduce the students to the engineering world, help them understand how things around them work and spark their imagination and creativity. Join us this term and build your hydraulic fighting cranes.
1 - 3	<b>3D – DRAWING &amp; ART</b> Provider: STEMA Cost: AED 530	Draw and create 3D models and shapes using a special pen. Convert your imagination into real designs.  For example: Glasses, Key-chains, Animals, and Decorations for your room.
4 - 5	<b>DRONES &amp; AERODYNAMICS</b> Provider: STEMA Cost: AED 530	Control and program drone to fly high, move in different directions, avoid obstacles and get readings from surrounding environment. Learn Aerodynamics and design models



MONDAY OCT 7/14/28 NOV 4/11/18/25 (TOTAL: 7 SESSIONS)

### INTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
4 - 5	<b>READING TIME</b> Teacher: Amy Jones	In this after school activity, students will have the chance to read books of their choice in a quiet environment, with little distractions and interruptions. Students may read alone, with a buddy, or with the teacher to extend comprehension and fluency.
4 - 5	<b>PHOTOGRAPHY</b> Teacher: Nadine Kidane	Students must have their own devices. Explore your creativity through photography. Use your camera, iPhone or I pad to capture an image from different perspectives. Have fun while learning the basic techniques to make your images beautiful and interesting.
3 - 5	<b>DANCE TEAM</b> Teacher: Alicia Perkins	Fun energetic class with music to dance and move our bodies after our long school day. No experience needed....just a willingness to join in. Please bring water and tennis shoes or comfy shoes to move in.
4 - 5	<b>DRAWING STUDIO</b> Teacher: Richard Bird	Love to draw? Want to learn new skills? Need a calm place to practice? Come join Mr. Bird's art studio! We'll build on our drawing skills using pencil and erasers, colored pencils, and pen. All skill levels welcome!
2 - 3	<b>ARABIC READING</b> Teacher: Heba Fares	We will be reading various Arabic books and stories. The students will have a chance to enrich their Arabic vocabulary.
3 - 5	<b>PROPHET STORIES</b> Teacher: Neveen Yassin	In this activity we will learn more about all the Prophets, their different stories and miracles. We will be watching videos and read books about all the Prophets and Allah's messengers. Language used will be English.
1 - 3	<b>MATH CLUB</b> Teacher: Kendra Murray	Math Club can be a fantastic way to help bring math to life. Our sessions will focus on encouraging children to talk, listen and learn about math. The sessions will promote teamwork and cooperation. Children will learn to become more independent thinkers and will be asked to express their mathematical opinions and ideas.

**TUESDAY OCT 1/8/15/29 NOV 5/12/19/26 DEC 3 (TOTAL: 9 SESSIONS)**

## **EXTERNAL ASA**

<b>GRADE</b>	<b>ACTIVITY DETAILS</b>	<b>DESCRIPTION</b>
<b>1 - 5</b>	<b>SOCCER</b> Provider: Elite Sports Academy Location: Field Cost: AED 100 per session Plus AED160 enrollments for the year	Elite Football Coaching offers a full development program that provides Footballers of all ages and abilities the opportunity to learn the game in a fun, educational environment.  Players will participate within their age category to maximize enjoyment & improvement. Ratios are kept to a minimum to ensure the players receive quality, one to one and group time with their coach.
<b>1 - 5</b>	<b>BEGINNERS TENNIS</b> Provider: Match Point Location: UAS ES Playground Cost: AED 675	Beginner's group is a complete tennis program that fosters the healthy mental, physical and emotional growth of children ages 10 and under. We are 100% committed to helping our kids develop fundamental tennis skills, a love of the game and physical dexterity.
<b>1 - 5</b>	<b>BASKETBALL</b> Provider: MPAC Location: Gym Cost: AED80 per session Plus AED100 enrollments for the year	Want to play like a pro? Be coached by a pro? Basketball is a science, don't just learn to shoot, pass, and dribble. Learn what it takes to become the best! MPAC sports offers top of the line basketball training and skills development from experienced American instructors. We train all athletes from the beginner who has never touched a basketball, to advanced and elite levels. Our Next Level program has placed numerous players into Universities some receiving full athletic scholarships

**NOTE: THERE ARE NO INTERNAL ASAs ON TUESDAYS DUE TO FACULTY MEETINGS**





WEDNESDAY OCT 2/9/30 - NOV 6/13/20/27 - DEC 4 (TOTAL: 8 SESSIONS)

### EXTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
1 - 5	<b>MENTAL MATH</b> Provider: Mdd Cost: AED 1240 for 16 sessions / twice a week	<p><b>Note:</b> Please note that once you register for Mental Math activity your child will be committed for both days, Sunday and Wednesday.</p> <p>CEMAS is a mental arithmetic program for children aged 5 to 14. The ancient Japanese technique of teaching using the abacus is being used. Hailed as a manual calculator for centuries the abacus became the tool that enabled millions of children to gain the skill of fast and accurate mental arithmetic computation, apart from sharpening other brain skills. As students' progress in each level, they learn how independently they can calculate mentally without the use of the abacus. "All Done Mentally"</p> <p>The CEMAS program ensures that as each student advances to the next level, the appropriate action, cognitive, and conceptual connections are made.</p>
1 - 3	<b>DISCOVER ELECTRONICS</b> Provider: STEMA Cost: AED 530 for 7 sessions	<p>Create different gadgets, devices, and toys through hands on inventing by combining electronics and crafts. For example: Bubbles machine, self-driving car, art machine, and security device</p>
4 - 5	<b>VIRTUAL REALITY</b> Provider: STEMA Cost: AED 530 for 7 sessions	<p>Program and Design Virtual Reality Environment with 360-degree view, add 3D models and characters, use VR Glasses and gears to interact and live inside your virtual real world.</p>



WEDNESDAY OCT 2/9/30 - NOV 6/13/20/27 - DEC 4 (TOTAL: 8 SESSIONS)

## INTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
1 - 5	<b>CREATIVE CRAFTING</b> Teacher: Kimberly Glaspie	Are you a crafty kid? Get your creativity going with some fun inexpensive crafts using items that you probably already have around the house! You'll be giving yourself the tools needed to spark imagination. No special tools or skills are required, so ANYONE can make cute crafts!
3 - 5	<b>CHOIR</b> Teacher: Betsy Austin	Do you love to sing? Develop your vocal chops by joining the UAS Elementary Choir! Music reading, teamwork, and performance skills will be taught through unison and two- part music. Classes will include singing games, warm-ups, and repertoire rehearsal, all leading up to a showcase performance.
1 - 2	<b>LITTLE ACTOR</b> Teacher: Kimberly Jackson	Calling all Actors! In this after school class students will get an opportunity to express themselves through acting. They will learn how to read scripts, how to act with others, and just have fun!
1 - 5	<b>QURAN</b> Teacher: Nissreen Al Solh	Help students to improve their Quran recitation skill and encourage them to memorize more Surahs. <b>Note:</b> Please note that you need to choose only one day per week, Sunday or Wednesday.
3 - 5	<b>BATTLE OF THE BOOKS</b> Teacher: Kelsey Sumner	Students will be reading a selected set of books over the course of our ASA. We will be having book a discussion and end our times together with a competition on knowledge of the books!
1 - 2	<b>ENGLISH FOR NON – NATIVE ENGLISH SPEAKER</b> Teacher: Deborah O'Sullivan	A chance for second language English learners to speak and listen in English while they do games, stories and activities with the teacher and other students.



THURSDAY OCT 3/10/31 NOV 7/14/21/28 DEC 5 (TOTAL: 7 TO 8 SESSIONS)

## EXTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
4 - 5	<b>3D PRINTING</b> Provider: STEMA Cost: AED 530 for 7 sessions	Design 3D models on computer using CAD software, and then print them out using 3D Printing Technology, convert your imagination into real physical models.
1 - 3	<b>CODING GAME</b> Provider: STEMA Cost: AED 530 for 7 sessions	Explore programming through game design, develop challenges and characters from scratch, then test and play your game with others. Integrate Artificial Intelligence features like Voice recognition and Image Processing!
1 - 5	<b>CRAZY CHEMICALS</b> Provider: Science Made Fun Cost: AED 950 for 8 sessions	Roll up your sleeves and see how fun mixing chemicals can be. Using materials you can find in your kitchen, we'll be concocting collagen, exploring pH, and wading through matter! Explore chemical reactions and what makes water so wacky! Find out how fantastic foam can be and even make a few experiments you can eat! All the courses are delivered by real chemist graduate! Kids can explore and learn with FUN! "

THURSDAY OCT 3/10/31 NOV 7/14/21/28 DEC 5 (TOTAL: 7 TO 8 SESSIONS)

## INTERNAL ASA

GRADE	ACTIVITY DETAILS	DESCRIPTION
1 - 3	<b>MINDFULNESS TIME</b> Teacher: Lauren Alvarez	After a long day, children will color mindfulness coloring sheets while listening to relaxing music
1 - 3	<b>CARTOONS &amp; COMICS</b> Teacher: Kaveri Gour	In cartoon club we will be learning to draw our favorite cartoon characters along with basic cartoons and emotions. Later, we will learn to develop our own individual characters into a comic strip
1 - 2	<b>LEGO</b> Teacher: Thao Tozin	Do you love building with Legos? Come for an afternoon of some Lego fun!
3 - 5	<b>THE FRENCH CLUB</b> Teacher: Kim Kieminskie	Bonjour les amis francophone! USA is happy to offer Le Club Français for francophone students in grades 3 - 5. This club is geared towards students who are already able to speak some French but would like to get more practice in a fun environment. Students will practice good manners and conversational skills as well as developing their listening skills. There will be a variety of activities - story time, music and watching French TV shows for children, etc.
4 - 5	<b>ARABIC DRAMA</b> Teacher: Rabab Housino	During this activity we will: 1 - Watch a Small Arabic movie and we will act using Arabic language. 2 - Create our scene through sharing our ideas and making some scenes in a funny way or strange or .....

# HOW TO REGISTER

Once your child has selected his activity, be sure to follow these simple steps to register

## Selecting the activities

All activities are listed in the brochure above. Spend time with your child and help him/her select his/her preferred activities.

## Signing up

Once the activity/ies have been selected, be sure to sign-up online before the deadline here: <https://synergetic.uasdubai.ae/>

Registration is on a first come, first served basis and places are reserved only once payments (if applicable) are made.

## Payment (if applicable)

Payment must be made directly to the Outside Providers. During Elementary Back To School Night on September 18 from 6pm to 8pm, all providers will be available for any questions and/or payments to be done. Payment must be made before the registration deadline in order to ensure your child's place in the chosen activity.

## Confirmation

You will be sent a confirmation email with the activities selected.

For any additional information please e-mail the Experiential Learning & ASA coordinator, Sarah Ghanem at [sghanem@uasdubai.ae](mailto:sghanem@uasdubai.ae)

# **RULES AND REGULATIONS**

Failure to follow these points could result in your child not being accepted in the ASAs.

## **Deadlines**

In order to ensure your child's participation in his/her chosen activity you must adhere to the registration and/or payment deadlines.

## **Equipment / Outfit**

Students are expected to come prepared and attend their activity with the relevant attire and equipment (for example, sports uniform and sports shoes if it is a sports activity).

## **Attendance**

Students are expected to attend their activity on time. In case of absence, parents / students are expected to inform either the teacher or the ASA department as well as the transportation office.

## **Pick up**

In the event that you are late to pick up your child at the ASA designated locations, he/she will be waiting for you at the reception area. Parents/ drivers/ nannies, please note that you are expected to be ON TIME for pick up. Also, for security reasons, please inform us in advance if you are picking up your child early and will not participate in the activity on that day.

## **Trial Session / Cancellation**

Please note that all the activities do not offer trial sessions, unless communicated otherwise.

Please note that an activity could be cancelled if there are not enough applicants for that activity.



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