



# JANUARY | 2019

## COVINGTON CATHOLIC HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31</p>	<p>1</p> <p><b>HAPPY NEW YEAR</b></p>	<p>2</p>	<p>3</p> <p>Cheeseburger OR Turkey Sub Sandwich Sweet Potato Puffs Baked Beans Pineapple Tidbits Fresh Fruit Milk</p>	<p>4</p> <p>Grilled Cheese OR Fish Taco Tomato Soup Green Beans Oyster Crackers Applesauce Fresh Fruit Milk</p>
<p>7</p> <p>Chicken Patty Sandwich OR Cheeseburger Waffle Fries Carrots &amp; Celery with Dip Diced Pears Fresh Fruit Milk</p>	<p>8</p> <p>Beef OR Chicken Philly Sandwich with Queso Sautéed Peppers and Onions Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk</p>	<p>9</p> <p>Chicken or Cheese Quesadilla Salsa, Sour Cream, Refried Beans, Corn Frozen Sidekick Fresh Fruit Milk</p>	<p>10</p> <p>Sweet Thai Chicken with Rice OR Honey Sriracha Chicken Bowl Glazed Carrots Veggie Boat with Dip Diced Peaches Fresh Fruit Milk</p>	<p>11</p> <p>Pizza Crunchers OR Individual Cheese Pizza Steamed Broccoli Garden Salad Diced Peaches Fresh Fruit Milk</p>
<p>14</p> <p>Pulled Chicken or Pork Sandwich Waffle Fries Green Beans Kale Slaw Pineapple Tidbits Fresh Fruit Milk</p>	<p>15</p> <p>3, 4, or 5 Way Chili Spaghetti Garden Salad Shredded Cheese Glazed Carrots Oyster Crackers Mandarin Oranges Fresh Fruit Milk</p>	<p>16</p> <p>Choice of Cheese, Pepperoni, OR Buffalo Chicken Pizza Garden Salad Steamed Broccoli Frozen Sidekick Fresh Fruit Milk</p>	<p>17</p> <p>Roast Turkey Mashed Potatoes with Gravy Green Beans Dinner Roll Applesauce Fresh Fruit Milk</p>	<p>18</p> <p>Fish Sandwich OR Mozzarella Cheese Sticks with Marinara Sauce Potato Wedges Veggie Boat with Dip Diced Pears Fresh Fruit Milk</p>
<p>21</p> <p><b>MLK NO SCHOOL</b></p>	<p>22</p> <p>Meatball Sub OR Chicken Patty Sandwich Potato Wedges Corn Applesauce Fresh Fruit Milk</p>	<p>23</p> <p>Chicken Tenders OR Spicy Chicken Tenders Macaroni and Cheese Baked Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk</p>	<p>24</p> <p>Salisbury Steak with Dinner Roll OR Cheeseburger Mashed Potatoes Green Beans Diced Pears Fresh Fruit Milk</p>	<p>25</p> <p>Cheese Raviolis OR Cheesy Flatbread with Marinara Sauce Steamed Broccoli Garden Salad Frozen Sidekick Fresh Fruit Milk</p>
<p>28</p> <p>Queso Chicken over Rice OR Beef Enchiladas Tostito Chips Salsa, Sour Cream Shredded Lettuce Black Beans, Corn Pineapple Tidbits Fresh Fruit Milk</p>	<p>29</p> <p>Corn Dog OR Cheeseburger Macaroni and Cheese Steamed Broccoli Carrots with Dip Diced Pears Fresh Fruit Milk</p>	<p>30</p> <p>Choice of Cheese, Pepperoni OR Buffalo Chicken Pizza Garden Salad Green Beans Diced Peaches Fresh Fruit Milk</p>	<p>31</p> <p>Hot Dog OR Chili Coney Potato Wedges Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk</p>	<p>1</p> <p>Cheesy Flatbread OR Pizza Crunchers with Marinara Sauce Glazed Carrots Garden Salad Applesauce Fresh Fruit Milk</p>

**News**