

## Covid Guidelines for Attending High Holy Day 2021 Services

*While these restrictions remain challenging, these rules have been set up to help reduce the risk of spreading the Covid-19 virus. However, the risk of the spread of the virus can never fully be removed (in common with many other daily activities that we normally undertake) nor can we guarantee that the shul site will be Covid-free.*

***You should understand the personal choice you are making when attending services and if you do attend, we require absolute compliance with the following rules including a strict adherence to social distancing rules.***

### **Attendance**

- It is recommended that all those who are eligible to have the Covid vaccine, do so before attending services
- Those who are extremely clinically vulnerable or immunocompromised, as well as those who live with them, should use their judgement as to whether to attend, even if they have been vaccinated
- Please note that the Chief Rabbi has ruled that you have a religious imperative to have the vaccine in order to protect yourself and those around you, unless medically advised not to
- **Members wishing to attend a service should take a Lateral Flow Test 24 hours before attending**

### **Please do not attend shul if:**

- you are feeling even slightly unwell on the day or are displaying symptoms of Covid (cough, temperature, loss of smell/taste, headache, runny nose, sneezing, sore throat)
- have tested positive or have been asked to self-isolate/quarantine by NHS Test and Trace
- you live with someone who has tested positive and/or has been identified as a close contact by NHS Test and Trace

### **When you arrive**

- **All attendees over the age of 11 to wear masks indoors**
- Please ensure you wash your hands at the outside sink by the main doors to the Wiseman Linden Hall before entering the building/s. Alcohol based anti-bacterial sanitiser is available inside should you need to clean your hands again
- Please keep socially distanced from anyone else and we ask that you do not shake hands or greet each other with physical contact
- It is recommended that you bring your own prayer books and tallisim although these will be available to borrow should you need. Please use hand sanitiser before and after use and follow the instructions in regard to where to leave them at the end of the service
- Although the cloakrooms are available for your use, it is preferable if you keep all your belongings with you at all times

### **Taking your seat**

- Please follow any instructions from the stewards, in particular regarding where to sit
- Alternate seats will be set up in order to maintain a level of social distancing both in the Synagogue and the Wiseman Linden Hall. Where a seating plan is not in effect, there will be a selection of adjacent seats that will be made available on a first come first served basis so that members have the opportunity to sit next to someone they arrived with. In the Synagogue, you must only sit in a clearly labelled green 'Please sit here' marked seat
- Currently we are not allowed to operate the air conditioning or fans due to Covid-related regulations
- It should be noted that we will need to keep the windows and doors open for ventilation purposes and therefore you may wish to wear warm clothing on cold days

### **Youth and Children's Services**

- The Youth Service, Children's Service and the Toddler's Service must be pre-booked and will be held with social distancing measures in place

### **After the service**

- In the event of a confirmed case of Covid, please inform the shul office as soon as possible