



Respite Care

Introduction

The purpose of this document is to provide key information to anyone considering Residential Respite in a Canberra Aged Care Facility.

Jindalee Aged Care Residence has been a pillar of aged care in the Canberra region for more than 30 years and has comprehensive respite programs available for residents requiring short-term accommodation. All respite residents at Jindalee receive 24/7 professional nursing care support, daily activity and lifestyles programs and much more.

Residents can choose from a private or shared room, and extra service suites are also available. All rooms are subject to availability.

If you would like to know more about Jindalee Aged Care Residence's respite programs, please contact our admissions team on 02 6239 6800 or visit www.jindaleeagedcare.com.au.

Your Guide to Residential Care in Canberra

There are several reasons why someone may choose to enter an aged care home as a respite resident. In our experience, there are 2 main reasons:

- 1** To give a carer a well-earned break
- 2** To recover from an injury or illness for a short period of time

Up to 63 days of residential respite care each financial year is available once residents are approved by the Aged Care Assessment Team (ACAT). There is also a 21 day respite extension that can be granted by ACAT for those needing more time in care.

Respite Approval Process for Residential Aged Care

You will first need a free assessment with a member of an Aged Care Assessment Team (ACAT) in your local area. Your first step to achieving approval is to call My Aged Care on 1800 200 422 to be referred for a free assessment with an ACAT.



Respite Approval Process for Residential Aged Care



Once you have received ACAT approval for residential respite, you can contact your local Commonwealth Respite and Carelink Centre to access residential respite services on:

- **1800 052 222 during business hours**
- **1800 059 059 outside business hours.**

Please note that if you require **Emergency Respite Care**, the abovementioned phone numbers can be used for this as well.

Costs

The Australian Government subsidises residential respite services in Canberra and Australia wide.

If you or your family member enters a residential aged care facility on a respite basis, you will be asked to pay a basic daily respite fee of \$54.69/day. This fee covers nursing care, activities, meals, laundry and other things associated with daily living. Jindalee's admission team is more than happy to provide further information about what's covered by this daily fee.

If you elect to enter an extra services room, an additional daily fee will be applicable.

Conclusion



And that's it! You now have all the important information relevant to entering a residential aged care facility in Canberra on a respite basis.

If you would like more information about any part of this document, our admissions team are ready to assist.



More Information

Contact Jindalee Aged Care Residence
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