

Bonita Bay Community Activities Calendar

JANUARY 2025

SUN

MON

TUE

WED

THU

FRI

SAT

			 <p>BBCA offices will close January 1st for New Years</p>		<p>12pm Open Play</p>	
5	<p>9am Yoga & Stretch for Fitness (1/4)</p> <p>10:15am Tai Chi (1/4)</p> <p>12pm Open Play</p> <p>2:30pm Foundations of Yoga (1/4)</p> <p>4pm Yoga Flow (1/4)</p>	<p>8:45am Pilates Fusion (1/4)</p> <p>10am Chair Dance Yoga (1/4)</p> <p>11:15am Hatha Yoga (1/4)</p>	<p>10am Plant Focused Eating</p>	<p>9am Chair Yoga & Mindful Movement (1/4)</p> <p>10:15am Meditation (1/4)</p> <p>11am Gentle Flow Yoga (1/4)</p> <p>2pm Invasive Species & Containment Programs</p> <p>2:30pm Foundations of Yoga (1/4)</p> <p>4pm Yoga Flow (1/4)</p>	<p>10am Warren Buffet: The Oracle of Omaha</p> <p>12pm Open Play</p> <p>5pm Food Truck "FRI-YAYS" at Estero Bay Park</p>	11
12	<p>9am Kayak Tour</p> <p>9am Yoga & Stretch for Fitness (2/4)</p> <p>10am UAP: Unidentified Aerial Phenomena</p> <p>10:15am Tai Chi (2/4)</p> <p>12pm Open Play</p> <p>2pm More than Memory</p> <p>2:30pm Found. of Yoga (2/4)</p> <p>4pm Yoga Flow (2/4)</p>	<p>8:45am Pilates Fusion (2/4)</p> <p>10am Chair Dance Yoga (2/4)</p> <p>10am Intermediate I Bridge (1/8)</p> <p>11:15am Hatha Yoga (2/4)</p> <p>3pm I Retired But Now Want to Work? How to Find a Job in SWFL</p>	<p>10am Intermediate II Bridge (1/8)</p> <p>10am - 12pm Volunteer Fair/ Resident Club Meet & Greet</p> <p>1pm Beginning Bridge (1/8)</p> <p>4pm Seven Wonders of the Ancient World</p>	<p>9am Chair Yoga & Mindful Movement (2/4)</p> <p>10:15am Meditation (2/4)</p> <p>11am Gentle Flow Yoga (2)</p> <p>2:30pm BBCA Board Meeting</p> <p>2:30pm Foundations of Yoga (2/4)</p> <p>3pm We Are Part of the Everglades</p> <p>4pm Yoga Flow (2/4)</p> <p>4:15pm Sunset Cruise</p>	<p>9am Beginners Mah Jongg (1/6)</p> <p>10am iPhone/iPad iOS 18 Boot Camp - Apples Newest and Most Powerful Operating System (Part 1)</p> <p>12pm Open Play</p> <p>2:30pm An Exploration of Eagles of Southwest Florida</p>	18
<p>2pm Bay Breeze Concert: Legacy of Carole King</p> 	<p>9am Yoga & Stretch for Fitness (3/4)</p> <p>10am Wannsee Conference: The Final Solution</p> <p>10:15am Tai Chi (3/4)</p> <p>12pm Open Play</p> <p>2:30pm Foundations of Yoga (3/4)</p> <p>2:30pm The Calusa Indians</p> <p>4pm Yoga Flow (3/4)</p>	<p>9am - 2pm Blood Drive with Lee Health</p> <p>8:45am Pilates Fusion (3/4)</p> <p>10am Chair Dance Yoga (3/4)</p> <p>10am Intermediate I Bridge (2/8)</p> <p>11:15am Hatha Yoga (3/4)</p>	<p>10am Intermediate II Bridge (2/8)</p> <p>1pm Beginning Bridge (2/8)</p> <p>2pm A Season in the life of Bonita Bay Osprey</p>	<p>9am Chair Yoga & Mindful Movement (3/4)</p> <p>10am Embracing Vitality: Wellness Initiatives for Optimum Health</p> <p>10:15am Meditation (3/4)</p> <p>11am Gentle Flow Yoga (3/4)</p> <p>2:30pm Found. of Yoga (3/4)</p> <p>4pm Yoga Flow (3/4)</p> <p>4pm: Chardonnay - The Chameleon Grape</p>	<p>9am Beginners Mah Jongg (2/6)</p> <p>12pm Open Play</p> <p>2:30pm Juicing for Beginners</p>	25
26	<p>9am Kayak Tour</p> <p>9am Yoga & Stretch for Fitness (4/4)</p> <p>10am Misquoted - How Bible Passages Get Taken Out of Context</p> <p>10:15am Tai Chi (4/4)</p> <p>12pm Open Play</p> <p>2:30pm How Bio. Comp. Develop New Drugs</p> <p>2:30pm Found. of Yoga (4/4)</p> <p>4pm Yoga Flow (4/4)</p>	<p>8:45am Pilates Fusion (4/4)</p> <p>10am Chair Dance Yoga (4/4)</p> <p>10am Intermediate I Bridge (3/8)</p> <p>11:15am Hatha Yoga (4/4)</p> <p>5pm Welcome to Season Potluck</p>	<p>9:30am DEMO Breath Work & Singing Bowls</p> <p>10am Intermediate II Bridge (3/8)</p> <p>1pm Beginning Bridge (3/8)</p> <p>3pm 40th Anniversary Documentary of Bonita Bay</p>	<p>9am Chair Yoga & Mindful Movement (4/4)</p> <p>10:15am Meditation (4/4)</p> <p>11am Gentle Flow Yoga (4/4)</p> <p>1pm Art Show with BB Art Club</p> <p>2:30pm Foundations of Yoga (4/4)</p> <p>4pm Yoga Flow (4/4)</p>	<p>9am Beginners Mah Jongg (3/6)</p> <p>10am How Reclaimed Water Helps Sustain Bonita Bay</p> <p>12pm Open Play</p> <p>2:30pm The West Before Remington & Russell</p>	

Unless otherwise stated, events are held at Community Activities Center, 3451 Bonita Bay Blvd, #100 | 239-390-5550