



FOMO VS FOLIA

Not everyone has the same mindset when investing in their retirement. Some may want to give their investment the greatest opportunity for growth, some may want to make sure their investment is protected, and some may be somewhere in between. These two feelings can be defined as the **fear of missing out (FOMO)** and the **fear of losing it all (FOLIA)**.

FOMO – Fear of Missing Out

Investors with the fear of missing out in the market may be drawn to retirement options that can offer the greatest potential for return to try to avoid missing out on growth. They also may be more eager to invest now instead of waiting for ideal market conditions.

Advantage: Higher potential return

Disadvantage: Higher potential risk

FOLIA – Fear of Losing It All

Investors with the fear of losing it all in the market are most likely concerned with protecting their investment. They are often drawn to investment options, like fixed annuities, that offer the greater amounts of protection from loss.

Advantage: Higher protection

Disadvantage: Lower potential for growth

How might an average investor view different products on the FOLIA to FOMO emotional spectrum?



This chart does not represent actual degree of variation of risk and return potential among the types of products shown.

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