

GUSD TEACHERS & STAFF WELLNESS PROGRAM BACK AGAIN!



ALL GUSD teachers and school administration staff within the district qualify for a free Adult Y Membership (must show current proof of employment with GUSD).

Must register at the
Crescenta-Cañada Family YMCA during
business hours (membership is valid
September 1, 2025 through August 31, 2026)

If you would like to add a family
member(s) of your household, it will
be an additional \$50 a month.

ENROLLMENT OPENS SEPTEMBER 1, 2025

THIS PROGRAM APPLIES TO THE FOLLOWING SCHOOLS:

- Clark Magnet High School
- Crescenta Valley High School
- Glendale High School
- Herbert Hoover High School
- Allen F. Daily Continuation High School
- Theodore Roosevelt Middle School
- Rosemont Middle School
- Eleanor J. Toll Middle School
- Woodrow Wilson Middle School
- Balboa Elementary School
- Cerritos Elementary School
- Columbus Elementary School
- Dunsmore Elementary School
- Thomas Edison Elementary School
- Benjamin Franklin Elementary School
- John C. Fremont Elementary School
- Glenoaks Elementary School
- Thomas Jefferson Elementary School
- Mark Keppel Elementary School
- La Crescenta Elementary School
- Abraham Lincoln Elementary School
- Horace Mann Elementary School
- John Marshall Elementary School
- Monte Vista Elementary School
- Mountain Avenue Elementary School
- John Muir Elementary School
- Valley View Elementary School
- Verdugo Woodlands Elementary School
- R.D White Elementary School
- Verdugo Academy Independent Study

Contact Membership at
membership@ymcafoothills.org if you
have questions or would like to enroll!



YMCA OF THE FOOTHILLS
ENRICHING THE LIVES OF ALL





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MEMBERSHIP OPPORTUNITIES

ACCESS

- All YMCA of the Foothills Fitness Facilities
- Fully-Equipped Weight Rooms
- Indoor and Outdoor Workout Space
- Over 90 In-Person and Virtual Group Exercise Classes
- Premium Dry Wood Saunas
- Aquatic Group Classes & Lap Swim
- Cycle Classes
- Les Mills Fitness Classes
- Basketball and Pickleball Courts
- Parent-Child Classes
- Child Watch Options
- Active Older Adult Classes
- Youth Programs
- Online/Priority Registration
- Financial Assistance
- Access to Y's Across the Country
 - AND MUCH MORE!

PROGRAMS

- Basketball
- Chaplain Services
- Dance
- Doc Talks
- Gymnastics
- Indoor Soccer
- Licensed Preschool
- Model United Nations
- Personal and Small Group Training
- Pickleball
- Pilates Reformer Class
- P.I.L.O.T.S.
- Private Swim Lessons
- Resident Camp – Camp Big Bear
- Summer Camp
- Swim Lessons
- Swim Team
- Water Polo
- Youth & Government

THIS MEMBERSHIP GIVES ACCESS TO ALL THREE OF OUR BRANCHES

CRESCENTA-CAÑADA FAMILY YMCA
1930 Foothill Blvd.
La Cañada Flintridge, CA 91011
(818) 273-8818

CRESCENTA VALLEY YMCA
3931 Lowell Ave.
Glendale, CA 91214
818-583-4735

VERDUGO HILLS YMCA
6840 Foothill Blvd.
Tujunga, CA 91042
818-273-8829

ymcafoothills.org