



YMCA OF
CENTRAL
NEW YORK

KNOW YOUR DIRECTION

WITH THE YMCA OF CENTRAL NEW YORK



SPIRIT WEEK

February 23-27

Monday 2/23

Melanin Monday

Wear shades of brown, beige, tan, taupe, or black.

Tuesday 2/24

Black Historical Figure Day

Dress as an influential African American historical figure or wear clothing that features one.

Wednesday 2/25

Honor the Culture & Heritage

Wear vibrant colors, bold patterns, or traditional Kente cloth.

Thursday 2/26

Do It for the Culture

Show off your old-school hip-hop style from any decade

Friday 2/27

We Wear Black

Wear your "We Wear Black" shirt or all black attire to symbolize strength, unity, and empowerment as we honor Black History and celebrate the future