



YMCA OF CENTRAL NEW YORK	
WORKPLACE SAFETY & CHILD ABUSE PREVENTION TRAINING 2025	
TRAINING TOPIC	TRAINING MONTH
PPE (Personal Protective Equipment)	September

## Purpose:

This SOP provides essential guidelines for the selection, use, and maintenance of Personal Protective Equipment (PPE) to ensure the safety of all YMCA staff. All staff must comply and use PPE as required. Supervisors must ensure training and availability of PPE.

## **Process:**

**Identify Hazards:** 

Conduct a risk assessment in your work area to identify potential hazards.

Consult with your supervisor if you're unsure about the risks.

Select Appropriate PPE: Based on the identified hazards, determine the necessary PPE

**PPE Types:** 

Head: Hard hats (maintenance)

Eyes: Safety goggles (chemicals)

Ears: Hearing protection (noisy areas)
Hands: Appropriate gloves

Feet: Steel-toed boots

Respiratory: Masks (hazardous environments)

## **Usage Instructions:**

Staff must wear PPE during relevant activities, inspect it before use, and replace any damaged equipment immediately.

Maintenance and Storage: Clean PPE after each use and store it in a designated, hazard-free area. Maintain PPE inventory for proper availability.

Monitoring: Supervisors will enforce compliance and conduct regular checks.

Emergency Procedures: Report any exposure or injury immediately to a supervisor and seek medical attention, then complete an incident report.

## Outcome:

By fully embracing proper PPE usage, the YMCA staff contributes to a healthier, safer, and more productive working environment for themselves and the community they serve.

More information on proper PPE use can be found in our YMCA's Exposure Control Plan.