

# Connect with our Women's ERG

At the YMCA of Central New York, the Women's Employee Resource Group (ERG) is all about empowering women at every level. We're here to champion equality of opportunity by offering support & resources that uplift our association and community. Join us for a fun journey of growth and empowerment!

# Why Join?

- Network with colleagues across different departments and build a supportive professional community
- Empower & Advocate by supporting initiatives that build up women in the workplace
- Support & Engage with others that share similar experiences and challenges, providing a safe space for all.
- Personal Growth gaining insights and inspiration from others, fostering growth and confidence.

# Interested?

Let's dive in and discover exciting ways you can get involved. Join us at our next meeting or event to uncover the incredible opportunities waiting for you. We're eager to welcome you to our dynamic community!

## **Executive Sponsor**

Meg Davis - mdavis@ymcacny.org Associate VP of Program Excellence

## Chairperson

Samantha Osinski – sosinski@ymcacny.org SACC Program Director, East Branch

