

One in one hundred people experience seizures. Do you know what to do to help if someone has a seizure? Will Rieger from the Epilepsy Foundation will provide Seizure First Aid Training at Latzer Library, located at a1001 9th Street, Highland, Illinois, from 6:00-8:00 p.m. on August 6, 2025. The training is free and open to the public. Call 618-654-5066 to register for this important opportunity.