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## **Dr. Anastasia Dufner Brings Rural-Focused Care to HSHS Medical Group in Highland**

**HIGHLAND, Ill.** – HSHS Medical Group welcomes Anastasia Dufner, MD, a board-certified family medicine physician, to HSHS Medical Group Family and Internal Medicine at 12860 Troxler Ave., Suite 320, Highland.

Dr. Dufner provides full-spectrum primary care for patients of all ages and is committed to helping patients feel heard, informed and supported in their care decisions. Raised in a rural community, she values accessible, relationship-based care and the role family medicine plays in supporting small communities. Her approach emphasizes continuity of care across life stages, including preventive care, women’s health and pediatrics, as well as inpatient and outpatient medicine.

Dr. Dufner offers a range of in-office services and procedures to support timely, convenient care. She completed the Southern Illinois University School of Medicine Family Medicine Residency Program in Springfield, Ill., and earned her medical degree from Southern Illinois University School of Medicine. She also holds a bachelor’s degree in biology from Blackburn College in Carlinville, Ill., where she graduated summa cum laude.

To schedule an appointment with Dr. Dufner, visit [hshs.org](https://www.hshs.org) or call 618-651-2810. New HSHS Medical Group patients may call the HSHS Medical Group Patient Advocate at 844-520-8897 to help set up their first appointment.

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### **About Hospital Sisters Health System (HSHS)**

[Hospital Sisters Health System \(HSHS\)](https://www.hshs.org) is a nonprofit Catholic health care ministry founded in 1875. Dedicated to our Mission to reveal and embody Christ’s healing love for all people through high-quality Franciscan health care, HSHS clinicians provide exceptional care centered on the whole person. Based in Springfield, Illinois, HSHS colleagues provide care in 13 acute-care, children’s and critical access hospitals and home health and hospice programs in Central and Southern Illinois and Eastern Wisconsin. HSHS is aligned with primary and specialty physicians and advanced practitioners through its owned affiliates [HSHS Medical Group](https://www.hshs.org) and [Prairie Cardiovascular](https://www.prairiecardiovascular.com), its partnership with [Prevea Health](https://www.preveahealth.com), and with many other providers serving on medical staffs. For more information about HSHS, visit [hshs.org](https://www.hshs.org).