



For Immediate Release – October 2, 2025

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**Fall 2025 Health Fair Hosted by
HSHS St. Joseph's Hospital Highland**

All registration will be done through MyHSHS online medical records portal

HIGHLAND, Ill. — HSHS St. Joseph's Hospital Highland will host a health fair on Wednesday, Oct. 29 from 6 to 10 a.m.

Those wanting to attend must preregister for an appointment online through MyHSHS, powered by MyChart, a free online personal health record that you can access securely from your home computer, laptop or mobile device.

Registration will remain open until Oct. 27 or until all appointments are filled.

Participants can elect to receive the following screenings at the listed prices:

- **Comprehensive Blood Screenings** (\$50)
 - A 10-hour fast required – drinking water only; no gum, hard candy, sugar or sweeteners.
- **Prostate-Specific Antigen (PSA) Screenings** (\$20)
- **Hemoglobin A1C** (\$15)
- **Vitamin D Screening** (\$15)

There are limited spots available and on-site registration for testing will not be accepted.

The health fair is a self-pay service. Payment is due the day of the health fair by check written out to HSHS or exact cash for scheduled services.

St. Joseph's Hospital will not bill insurance plans for any services rendered. You may submit your health fair receipt to your insurance plan, but St. Joseph's Hospital will not be able to provide an insurance claim.

HSHS St. Joseph's Hospital will post results to attendees' MyHSHS accounts. No test results will be mailed or faxed to a participant's health care provider. The responsibility for initiating follow-up examinations for abnormalities identified at the health fair lies with the person responsible for their own health and not with any participating organization.

Participants will check in near the hospital gift shop to receive their health fair booth passport and make their payment for laboratory services.

Please wear short-sleeved shirts to make the process easier.

For other registration information or questions regarding the health fair, please call 618-651-2739.

Creating a MyHSHS account:

It is free and easy to create a MyHSHS account:

- Go to www.myhshs.org.
- Login or create a MyHSHS account by clicking “Sign up.” Be sure to use your full, proper name that matches your HSHS medical record.

If you have questions about MyHSHS, call the MyChart support line at 1-866-312-5023 or email MyHealthRecordhelp@hshs.org.

When you log in to your MyHSHS account, follow these steps to access the registration for the health fair at HSHS St. Joseph’s Hospital Highland:

- Click Menu (top bar, far left)
- Under the Find Care section at the top of the drop-down menu, click on Health Fair.
- Click on the Southern Illinois Health Fair.
- Answer the symptom checker.
- Choose test(s).
- Schedule an appointment.
- Make sure you select HSHS St. Joseph’s Hospital Highland as the location and follow the steps to select desired appointment time.

For more information about HSHS St. Joseph’s Hospital Highland, visit stjosephshighland.org.

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About HSHS St. Joseph’s Hospital Highland

[HSHS St. Joseph’s Hospital Highland](http://www.hshs.org) is part of Hospital Sisters Health System (HSHS), a nonprofit Catholic health care ministry founded in 1875. Dedicated to our Mission to reveal and embody Christ’s healing love for all people through high-quality Franciscan health care, HSHS clinicians provide exceptional care centered on the whole person. Based in Springfield, Illinois, HSHS colleagues provide care in 13 acute-care, children’s and critical access hospitals and home health and hospice programs in Central and Southern Illinois and Eastern Wisconsin. HSHS is aligned with primary and specialty physicians and advanced practitioners through its owned affiliates [HSHS Medical Group](http://www.hshsmedicalgroup.org) and [Prairie Cardiovascular](http://www.prairiecardiovascular.org), its partnership with [Prevea Health](http://www.preveahealth.com), and with many other providers serving on medical staffs. For more information about HSHS, visit [hshs.org](http://www.hshs.org).