



YOUR GUIDE TO RESPITE CARE

The Basics

The purpose of this guide is to provide you with key information about Residential Respite in the Gladstone region.

The two main reasons to consider respite care are:

- To give a carer a well-earned break
- To recover from an injury or illness for a short period of time (rather than stay in hospital or at home without 24/7 support)

Respite approved residents can access up to 63 days of residential respite care each financial year. There is also a 21-day respite extension that can be granted under special circumstances such as a resident not being able to return home.

The Cost

The Australian Government subsidises residential respite in all aged care homes Australia wide.

Respite residents are required to pay a respite daily care fee of \$65.55/day. This fee covers nursing care, activities, meals, laundry, and other basic living expenses such as power. A daily extra service fee is also payable when respite residents are admitted to 'extra service' rooms.

New Auckland Place's admission team is happy to provide further information about what the respite daily care fee includes.

The Respite Approval Process

To organise a free assessment with your local Aged Care Assessment Team (ACAT), please contact **My Aged Care on 1800 200 422 to receive your referral code.**

Once you or your loved one has received ACAT approval for residential respite, you can either contact aged care homes directly, or contact your local **Commonwealth Respite and Carelink Centre** to access residential respite services.

- **1800 052 222 during business hours**
- **1800 059 059 outside business hours.**

Please note that if you require **Emergency Respite Care**, the above mentioned phone numbers can be used for this as well.

RESPIRE AT NEW AUCKLAND PLACE



Privacy Comfort, and Support

- **Private Room and Ensuite:**

Our respite care guests enjoy their own private room and ensuite, ensuring peace and privacy throughout their stay.

- **Activities Programs:**

We believe that staying active and engaged is important for overall well-being. That's why we offer a range of activities programs to keep our guests entertained and socially connected.

- **Fresh and Delicious Meals:**

Our kitchen team prepares fresh and delicious meals onsite, providing warmth and comfort throughout the day.

- **Onsite Nursing Team:**

Our 24/7 onsite nursing team, where Registered Nurses, deliver care and support for every resident. General Practitioners also visit New Auckland Place weekly, ensuring that our guests have access to comprehensive medical care.

- **Onsite Amenities:**

Our guests have access to our onsite café, hairdressing salon, and theatre, encouraging them to maintain their normal lifestyle while on respite.



Next Steps

And that's it!

You now have all the important information related to respite care.

If you would like to discuss the respite process, arrange a respite booking or organise your personal tour our New Auckland Place.

**Please contact our Admissions Manager:
Leanne Salter, on 07 4978 9000**



Please note that respite bookings are subject to room availability

Thank you!