

UDST ALUMNI NEWSLETTER



President's lens

Dear Alumni,

As summer comes to an end, and as we navigate through the demands of our careers and professional responsibilities, it's essential to remember that education and professional growth are not our sole priorities. While these aspects are crucial for our success, our mental and physical health are equally important. To achieve a well-rounded and fulfilling life, we must also focus on our well-being, hobbies, and interests.

I am reminded of the importance of balance on a regular basis in my capacity as President of our prestigious university. While coping with the enormous duties in this role, I've discovered that making time for my well-being—in particular, exercising and being active—has been essential to preserving both my health and my ability to lead effectively.

I encourage each of you to consider your personal passions and hobbies. Reading, writing, painting, playing sports, or engaging in other creative endeavors can all offer an important release from the stresses of everyday life as well as a sense of happiness and fulfillment. Following your passions can result in a more balanced lifestyle, better mental health, and more creativity.

Remember, a successful career and a healthy, happy life are not mutually exclusive. By integrating your interests into your daily routine, you can achieve a harmonious balance that supports both your professional ambitions and personal well-being. Let us all strive to prioritize our health, embrace our passions, and inspire one another to lead vibrant, balanced lives.

Dr. Salem Al-Naemi

President,

University of Doha for Science and Technology

Campus Chronicles, Where News Unfolds



- University of Doha for Science & Technology Unveils UDST G-Lab: a revolutionary research hub powered by Google Cloud [Read More](#)
- University of Doha for Science and Technology issues STEM Symposiums' Doha Declaration on Education and Skills for Future Jobs [Read More](#)

Mabrook



Munera Al Dosari, class of '06, was a speaker at the 'District 116 Toastmasters Annual conference 2024'.

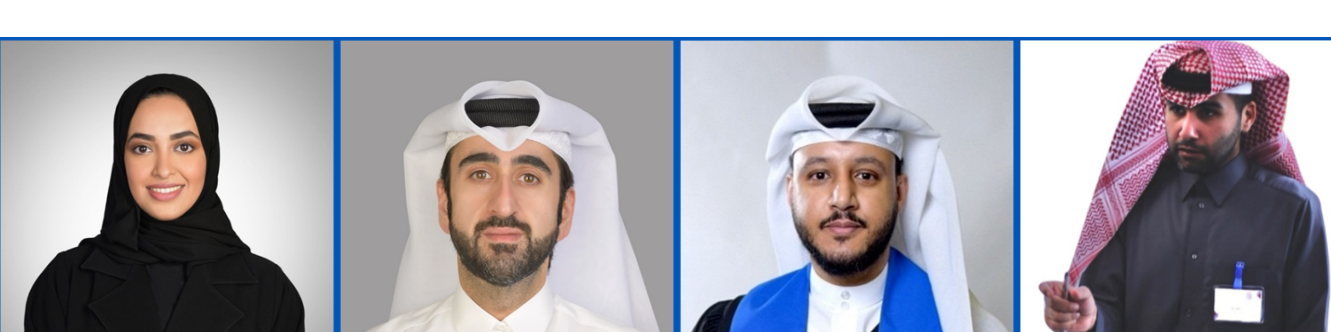
[Read more](#)



Heba Al Raeesi, Class of '18, Launched her book "A Collection of Life Stories" during Doha International Book Fair

[Read more](#)

Career Triumphs:



Aisha Ajan Al Kuwari, Class of '10, has been promoted to Director. Employee Experience at Ooredoo Qatar.

[Mabrook Aisha!](#)
[LinkedIn](#)

Hussain Al Neema, Class of '06, has been promoted to Senior Vice President – Access Control at QNB Group.

[Mabrook Hussain!](#)
[LinkedIn](#)

Saleh Al Jof, Class of '24 has been promoted to Assistant Manager - Recruitment Sourcing at QNB Group

[Mabrook Saleh!](#)
[LinkedIn](#)

Mohammed Ajan Al Kuwaiti, Class of '13 has been appointed as Senior Associate, External Talent Acquisition at Qatar Investment Authority

[Mabrook Mohammed!](#)
[LinkedIn](#)

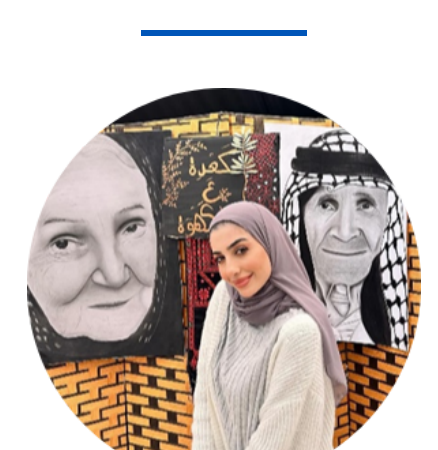
Any achievements, promotions, or news you would like to share with us? [Click here and tell us more!](#)



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Alumni Spotlight

Get to know our amazing Alumni firsthand:



Noura Rabia Arabie
Artist (2024)

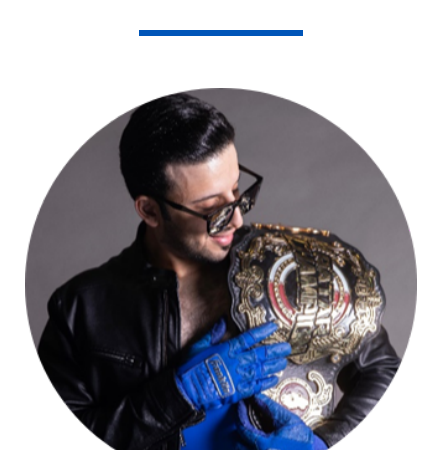
How did you discover your passion for art?

During a challenging period in my life, I sought an escape to lighten my sense of isolation, and I turned to drawing. What began as a means of coping gradually transformed into a deep passion for art, as it provided a powerful medium for expressing my emotions on canvas.

Could you share the story behind the artwork you are most proud of and how UDST has supported your artistic journey?

I am proud of my artwork for Palestine as it conveys a powerful message about the current situation. This work led to my selection for the Fables in Fashion Exhibition in Matarrah, a significant experience. I also proposed and established an Art Club at the university, where I taught weekly drawing classes. This opportunity to instruct others in the basics of drawing has been immensely rewarding.

[Click Here](#) to see the art work Nora is most proud of



Ali Al Majid
Professional Wrestler (2017)

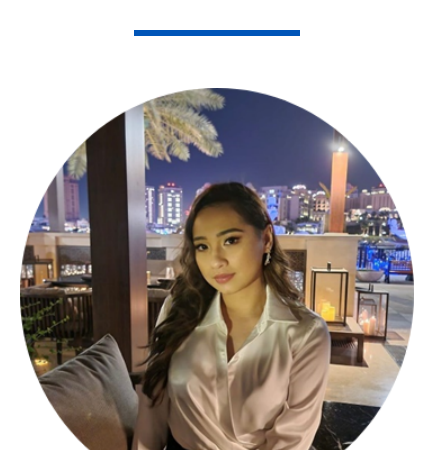
What drew you to the sport of wrestling, and how did you get started?

I was captivated by the characters in my PlayStation 1 game. In 2000, I discovered these video game characters were real wrestlers on TV, sparking my lifelong passion for the sport at age 8. In 2017, I joined the newly opened Qatar Pro Wrestling academy as one of the first five members.

What difficulties have you faced within this sport?

The primary challenges were adapting to the physical demands. Initially slender, I had to gain significant weight and get used to frequent impacts from falling flat on my back and stomach. Repeating this 2-3 times a week over the years takes a toll on the body. Despite these demands, I find wrestling one of the safest sports I've engaged in, thanks to the rigorous training ensuring the safety of both myself and my opponent.

[Click Here](#) to know more about 'Classy Ali'



Haina Uddin
Singer (2018)

When did you discover your passion for singing, and Did UDST Play a role with helping you in your singing journey?

I discovered my passion for singing at a very young age, always being surrounded by music through my family and school. However, it was during my time at UDST that my passion truly flourished. The supportive environment and opportunities at UDST played a crucial role in nurturing my talent. UDST was instrumental in helping me develop my skills and provided a platform to showcase my talent on several events such as festival of cultures at UDST.

[Click Here](#) to listen to Haina's talent

Career Resources

Najah



Latest Jobs Posted

Qatar Steel HR Graduates (Nationals)	Apply
Academic Learning Support Specialist UDST	Apply
Senior Recruitment specialist Hamad Bin Khalifa University	Apply
Purchasing Intern Jotun	Apply

[FIND YOUR JOB](#)



Clinic, Hair, Nails, and Spa special discounts at **Quartier Clinic, Salon & SPA**
EMS Body Sessions at **Bodystorm Sport**
15% discounts at **La Rose Gold Spa**

Know more about UDST discounts and benefits by clicking the below button:

[View Benefits](#)



"A sound mind in a sound body" – Roman Poet Juvenal



If you want to be featured in any of our alumni channels for your achievements, news, career milestones, or personal stories, please reach out to us. We love celebrating the successes and journeys of our alumni!

[Contact Us](#)

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[@UDSTalumni](#)



University of Doha for Science and Technology @ 2024

[UDST Career Fair](#)